

# Lancashire County Water Polo and Swimming Association Age Groups and Championships 2024

## Programme of Events

<b>Session 1</b>	<b>Manchester</b>	<b>27<sup>th</sup> January</b>	<b>Warm up TBC</b>	<b>Session 3</b>	<b>Manchester</b>	<b>27<sup>th</sup> January</b>	<b>Warm up TBC</b>
Event 101	Female	400m Freestyle HDW	Age 10/11 Over	Event 201	Open/Male	50m Backstroke Heats	Age 10/11 Over
102	Open/Male	100m Freestyle Heats	Age 10/11 Over	202	Female	100m Butterfly Heats	Age 10/11 Over
103	Female	50m Breaststroke Heats	Age 10/11 Over	203	Open/Male	200m Breaststroke HDW	Age 10/11 Over
104	Open/Male	200m Ind Med HDW	Age 10/11 Over	204-210	Female	100m Butterfly Finals	Age 10/11 Over
105-111	Female	50m Breaststroke Finals	Age 10/11 Over	211-217	Open/Male	50 Backstroke Finals	Age 10/11 Over
112-118	Open/Male	100m Freestyle Finals	Age 10/11 Over				
<b>Session 2 - Lunch</b>	<b>Manchester</b>	<b>27<sup>th</sup> January</b>	<b>Warm up TBC</b>				
151	Mixed	800m Freestyle	Age 12/Over				

<b>Session 4</b>	<b>Manchester</b>	<b>28<sup>th</sup> January</b>	<b>Warm up TBC</b>	<b>Session 5</b>	<b>Manchester</b>	<b>28<sup>th</sup> January</b>	<b>Warm up TBC</b>
Event 401	Open/Male	400m Freestyle HDW	Age 10/11 Over	Event 501	Female	50m Backstroke Heats	Age 10/11 Over
402	Female	100m Freestyle Heats	Age 10/11 Over	502	Open/Male	100m Butterfly Heats	Age 10/11 Over
403	Open/Male	50m Breaststroke Heats	Age 10/11 Over	503	Female	200m Breaststroke HDW	Age 10/11 Over
404	Female	200m Ind Med HDW	Age 10/11 Over	504-510	Open/Male	100m Butterfly Finals	Age 10/11 Over
405-411	Open/Male	50m Breaststroke Finals	Age 10/11 Over	511-517	Female	50 Backstroke Finals	Age 10/11 Over
412-418	Female	100m Freestyle Finals	Age 10/11 Over				

<b>Session 6</b>	<b>Manchester</b>	<b>10<sup>th</sup> February</b>	<b>Warm up TBC</b>	<b>Session 8</b>	<b>Manchester</b>	<b>10<sup>th</sup> February</b>	<b>Warm up TBC</b>
Event 601	Female	100m Breaststroke Heats	Age 10-11/ Over	Event 701	Open/Male	100m Breaststroke Heats	Age 10-11/ Over
602	Open/Male	400m Ind. Medley HDW	Age 12/ Over	702	Female	400m Ind. Medley HDW	Age 12/ Over
603	Female	200m Freestyle HDW	Age 10/11 Over	703	Open/Male	200m Freestyle HDW	Age 10/11 Over
604	Open/Male	200m Backstroke HDW	Age 10/11 Over	704	Female	200m Backstroke HDW	Age 10/11 Over
605-611	Female	100m Breaststroke Finals	Age 10/11 Over	705-711	Open/Male	100m Breaststroke Finals	Age 10/11 Over
<b>Session 7 - Lunch</b>	<b>Manchester</b>	<b>10<sup>th</sup> February</b>	<b>Warm up TBC</b>				
651	Mixed	Mixed 1500m Freestyle	Age 12/Over				

<b>Session 9</b>	<b>Manchester</b>	<b>11<sup>th</sup> February</b>	<b>Warm up TBC</b>	<b>Session 10</b>	<b>Manchester</b>	<b>11<sup>th</sup> February</b>	<b>Warm up TBC</b>
Event 801	Open/Male	100m Backstroke Heats	Age 10/11 Over	Event 951	Female	100m Backstroke Heats	Age 10/11 Over
802	Female	50m Freestyle Heats	Age 10/11 Over	952	Open/Male	50m Freestyle Heats	Age 10/11 Over
803	Open/Male	50m Butterfly Heats	Age 10/11 Over	953	Female	50m Butterfly Heats	Age 10/11 Over
804	Female	200m Butterfly HDW	Age 10/11 Over	954	Open/Male	200m Butterfly HDW	Age 10/11 Over
805-811	Open/Male	100m Backstroke Finals	Age 10/11 Over	955-951	Female	100m Backstroke Finals	Age 10/11 Over
812-818	Female	50m Freestyle Finals	Age 10/11 Over	952-958	Open/Male	50m Freestyle Finals	Age 10/11 Over
819-825	Open/Male	50 Butterfly Finals	Age 10/11 Over	959-955	Female	50 Butterfly Finals	Age 10/11 Over