

Lancashire County Water Polo and Swimming Association Age Groups and Championships 2026

Programme of Events

Day 1 Saturday 24 January

SESSION 1	AGE	EVENT	SESSION 2	AGE	EVENT	SESSION 3	AGE	EVENT
101 Female	10/11 Over	400m Free HDW	119 Open/Male	12/Over	800m Free HDW	120 Open/Male	10/11 Over	50m Back Heats
102 Open/Male	10/11 Over	100m Free Heats				121 Female	10/11 Over	100m Fly Heats
103 Female	10/11 Over	50m Brst Heats				122 Open/Male	10/11 Over	200m Brst HDW
104 Open/Male	10/11 Over	200m I.M. HDW				123-129 Female	10/11 Over	100m Fly Finals
105-111 Female	10/11 Over	50m Brst Finals				130-136 Op/M	10/11 Over	50m Back Finals
112-118 Op/M	10/11 Over	100m Free Finals						

Day 2 Sunday 25 January

SESSION 4	AGE	EVENT	SESSION 5	AGE	EVENT	SESSION 6	AGE	EVENT
201 Open/Male	10/11 Over	400m Free HDW	219 Female	12/Over	800m Free HDW	220 Female	10/11 Over	50m Back Heats
202 Female	10/11 Over	100m Free Heats				221 Open/Male	10/11 Over	100m Fly Heats
203 Open/Male	10/11 Over	50m Brst Heats				222 Female	10/11 Over	200m Brst HDW
204 Female	10/11 Over	200m I.M. HDW				223-229 Op/M	10/11 Over	100m Fly Finals
205-211 Op/M	10/11 Over	50m Brst Finals				230-236 Female	10/11 Over	50m Back Finals
212-218 Female	10/11 Over	100m Free Finals						

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Day 3 Saturday 7 February

SESSION 7	AGE	EVENT	SESSION 8	AGE	EVENT	SESSION 9	AGE	EVENT
301 Female	10/11 Over	100m Back Heats	326 Female	12/Over	1500m Free HDW	327 Female	10/11 Over	100m Brst Heats
302 Open/Male	10/11 Over	50m Free Heats				328 Open/Male	12/Over	400m I.M.HDW
303 Female	10/11 Over	50m Fly Heats				329 Female	10/11 Over	200m Free HDW
304 Open/Male	10/11 Over	200m Fly HDW				330 Open/Male	10/11 Over	200m Back HDW
305-311 Female	10/11 Over	100m Back Finals				331-337 Female	10/11 Over	100m Brst Finals
312-318 Op/M	10/11 Over	50m Free Finals						
319-325 Female	10/11 Over	50m Fly Finals						

Day 4 Sunday 8 February

SESSION 10	AGE	EVENT	SESSION 11	AGE	EVENT	SESSION 12	AGE	EVENT
401 Open/Male	10/11 Over	100m Back Heats	426 Open/Male	12/Over	1500m Free HDW	427 Open/Male	10/11 Over	100m Brst Heats
402 Female	10/11 Over	50m Free Heats				428 Female	12/Over	400m I.M.HDW
403 Open/Male	10/11 Over	50m Fly Heats				429 Open/Male	10/11 Over	200m Free HDW
404 Female	10/11 Over	200m Fly HDW				430 Female	10/11 Over	200m Back HDW
405-411 Op/M	10/11 Over	100m Back Finals				431-437 Op/M	10/11 Over	100m Brst Finals
412-418 Female	10/11 Over	50m Free Finals						
419-425 Op/M	10/11 Over	50m Fly Finals						