Lancashire County WPSA 2024 Championships

Session Times and Warm Up Schedule Weekend 2 - 10/11 February 2024

Programmes will be available on website to download Admission will be pay on the day. Card payments only

All sessions will be live streamed

Please ensure withdrawals are made if people not swimming either by text to 07951 652410 or email events @swimlancashire.org.uk

Saturday 10 February V	Varm	up
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 Session 6
 7.45am to 8.00am
 Female 14/ Under

 8.00am to 8.15am
 Female 15/Over

 8.15am to 8.30am
 Open/Male 14/under

 9.00am to 8.45am
 Open/Male 15/Over

Warm up

Start 8.45 am Est Finish 11.45am

Session 7 Warm up

11.50am to 12.15pm All 1500m swimmers

Start 12.15pm Est Finish 2.30pm

Session 8 Warm up

 2.45 pm to 3.00pm
 Open/Male 14/under

 3.00 pm to 3.15 pm
 Open/Male 15/Over

 3.15 pm to 3.30 pm
 Female 14/ Under

 3.30 pm to 3.45 pm
 Female 15/Over

 Start 3.45 pm Est Finish 7.00 pm

**Sunday 11 Febuary** 

Session 9

8.00am to 8.15am Open/Male 14/under

8.15am to 8.30am Open/Male 15/Over 8.30am to 8.45am Female 14/ Under 8.45am to 9.00am Female 15/Over Start 9.00 am Est Finish 11.30 am

Session 10 Warm up

 12.30pm to 12.45pm
 Female 14/ Under

 12.45pm to 1.00pm
 Female 15/Over

 1.00pm to 1.15pm
 Open/Male 14/under

 1.15pm to 1.30pm
 Open/Male 15/Over

1.30 pm Team Presentation
Start 1.45pm Est Finish 4.40 pm